

SPIRITUAL DIRECTION IN THE PROVINCE

- [Bethany House of Prayer](#), Arlington, MA – In spiritual direction we practice hospitality toward the life of the soul. With the gift of companionship in Christian community we explore, nurture and deepen our relationship with God, Christ and the Holy Spirit, sharing the mystery and grace of God’s presence and action in our lives and world. Contact 781-648-2433
- [Society of Saint John the Evangelist](#), Cambridge, MA – We offer guidance through preaching, teaching, retreats, workshops, and spiritual direction. In our guest houses in Cambridge and West Newbury we extend our hospitality to guests, who may come for an individual retreat or may attend group retreats on topics related to prayer and spirituality. We are especially available to students and others at critical stages of life formation, and to those whose vocation is the formation of others. Contact 6-7-876-3037
- [Spiritual Life Center](#), West Hartford, CT – The Spiritual Life Center is a catalyst for those who seek a deeper relationship with the Divine. Through programs of spiritual guidance and discernment, we share wisdom, knowledge and companionship with those we serve. Contact Oscar Brockmeyer 860-243-2374

SPIRITUAL GUIDANCE IN THE PROVINCE

- [Society of Companions of the Holy Cross](#) - Byfield, MA - Companions are called to live under a rule of intercessory prayer, thanksgiving, and simplicity of life, seeking to live a life of obedience to Christ in the company of others. Connected to one another by the Companion Prayer Chain and the Intercession Paper sent to all Companions monthly, we focus our prayers on the needs of individuals and families known to Companions around the world as well as on our concerns for the unity of all God’s people, God’s mission in the world, social justice, and peace and reconciliation.

SPIRITUAL DIRECTORS/COMPANIONS

The Province is currently developing a list of people who provide spiritual direction/companions in New England. We will offer this list in alphabetical order by diocese. The Episcopal Province of New England, and the dioceses listed, provide this list as a service and *do not offer endorsement*, implicitly or explicitly, of any of the individuals listed. It is your responsibility to seek a director who is a good fit for you and to assess their expertise and training according to your own expectations.

THE EPISCOPAL CHURCH IN NEW HAMPSHIRE

Clergy listed here are in good standing and are canonically resident or licensed to officiate under the authority of Bishop Hirschfeld. In the Diocese of New Hampshire, all spiritual directors – clergy or lay - are also required to have had safe church training and to follow procedures outlined in our safe church policies.

The Rev. Susan Ackley – Ashland, NH

ackleysusan@gmail.com

Susan has been a spiritual director for 7 years. She was trained at Adelynrood School for Spiritual Direction. She is happy to meet with all seekers and also has a particular focus on addicts and alcoholics in recovery. She is able to meet with directees at her home in Ashland. She worships at Trinity Episcopal Church in Meredith. She meets with a spiritual director herself, and is also part of a peer group of spiritual directors. In lieu of a fee, she asks for a voluntary contribution towards an organization that provides scholarship for people with addiction issues.

The Rev. Sandi Albom – Hooksett, NH

sjaeds1956@gmail.com

Sandi has been a spiritual director since 2017, after completing a practicum with Still Harbor (Boston) and a Master of Divinity at the Episcopal Divinity School. She is privileged to walk as companion to others in their spiritual journey, drawing deeply from her experience working with a spiritual director for 7 years and as a person in recovery for over 29 years, practicing a daily spiritual program. It is from that well of gratitude that Sandi finds vocational and spiritual inspiration. She serves as curate at All Saints Episcopal Church, Peterborough, NH, and sees directees in Peterborough and in Manchester, for individual and group direction. Sandi meets regularly with a spiritual direction supervisor. Her practice has a particular focus on addiction and recovery, and for all seeking a closer relationship with the Holy. Fees are based on a sliding scale.

The Rt. Rev. Mark Beckwith – Jaffrey, NH

beckwith8308@gmail.com

Mark Beckwith is the retired Bishop of Newark who lives in Jaffrey. He assists part time in the Diocese of Western Mass. He is the co-founder of Bishops United Against Gun Violence and he works closely with Braver Angels, a national movement that seeks to depolarize America. He has been doing spiritual direction for twenty-five years. He is a member of the Fellowship of St. John the Evangelist. He does spiritual direction with clergy, and he will meet on zoom, with occasional in person meetings at a church in the Monadnock region. He invites directees to see how God is working at the edges of their awareness, and to bring that awareness more into the center of their lives.

Julie Cook – Portsmouth, NH

koocaj@yahoo.com

Julie has been a spiritual director for more than 10 years and received her training at the Silver Dove Institute in VT. She received a Master of Arts in Pastoral Counseling degree from Moravian Theological seminary in 1987. She completed a post-masters program in Marriage and Family Therapy and was an AAMFT clinical member and supervisor. She was in private practice in a Pastoral Counseling Center for 17 years. For the past 10 years, she has worked part time at the Spiritual Life Center of the Silver Bay Y, in Lake George, NY providing spiritual direction for clergy and religious who had come for rest and renewal. She has been a member of The Society of the Companions of the Holy Cross, (SCHC) since 1980 and has been in spiritual

direction since then. She has recently moved to the Seacoast and can meet at St. John's Episcopal Church in Portsmouth. A fee will be determined together based on a sliding scale, but there is no fee for a first session at which there can be some discernment about working together.

The Rev. Maryan Davis, Deacon – Belmont, NH

maryaneee@msn.com

Maryan has been a spiritual director since 2016, after having graduated from the Adelynrood School for Spiritual Direction. She is committed to “serving a diversity of God’s people as they strengthen and abide in a loving relationship with the Holy.” She can meet with directees throughout the Lakes Region (Plymouth, Ashland, Laconia, Tilton, Meredith) and possibly elsewhere after discussion with directee. She does not charge a fee for direction. She currently serves as Deacon at Church of the Holy Spirit in Plymouth and St. Mark’s Episcopal Church in Ashland.

The Rev. David Ferner- Central/Western NH

drferner47@gmail.com

Dave has been a spiritual director since 1990 and was trained at Emery House by the brothers of the Society of St. John the Evangelist. He generally focuses on helping directee to establish patterns of discipline and assist them in being accountable to those disciplines so that they may seek and see God’s activity in their lives. He sees spiritual direction as midwifery: giving birth to God and God’s presence and action in life. He is an Episcopal priest, but has worked with people of other denominations and faiths. He meets with his own spiritual director and is part of a spiritual director peer supervision group. He is available to meet at Holy Cross in Weare or other parts of central/western NH or, after an initial face-to-face meeting, via skype or phone. He has no set fee, but comes to an agreement with directees on a mutually acceptable offering.

The Rev. Teresa Payne Gocha- North Woodstock, NH

teresagocha@gmail.com

Teresa received training in Spiritual Direction in seminary, has been an informal Spiritual Director for almost 30 years, and is also a graduate of the Adelynrood School of Spiritual Direction. She is interested in helping people who are curious, afraid, or ready to go deeper with their own spirituality. She's also done a lot of work with families and is exploring ways to help parents to nurture their children's spiritual life. She can meet with people in North Woodstock NH, Plymouth NH, or some mutually convenient place, especially for people in the North Country. She does not accept a fee.

Christianne Humphrey – Sandwich, NH

cchumphrey@comcast.net

Christi has been a spiritual director for ten years. She holds a Master of Divinity degree from Episcopal Divinity School, a Certificate of Spiritual Direction from The Center for Religious Development, and a Certificate of Ministry Development from The Living Stones Partnership. Christi enjoys accompanying folks no matter where they find themselves on their spiritual journey; in a time of discernment, seeking help with spiritual practices, just beginning a life of

faith, or questioning their spirituality. She meets with a spiritual director and is a member of a supervision group. Christi is available for in-person and phone appointments. Fees are based on a sliding scale. Christi is a colleague at Bethany House of Prayer, Arlington, MA.

The Rev. John McCausland- Concord/Hopkinton, NH

holyx@comcast.net

John has been a spiritual director for nearly 30 years. He has been trained through his long association with the Society of St. John the Evangelist. He guides directees towards a “disciplined practice of prayer and a rule of life.” He can meet with directees in the Concord/Hopkinton area. He does not charge a fee for direction.

Mary Elizabeth McCue – Portsmouth, NH area

MccSaville@gmail.com

Mary trained at Adelynrood School for Spiritual Direction in Byfield, MA. She has an MTS from Harvard Divinity School and an MDiv. from Bangor Theological Seminary. She is a former palliative care hospital chaplain and has a specialty in patients who have chronic illness as well as those with end-of-life issues. In addition to monthly meetings, she offers a program for patients and their families called THRESHOLD.

Introductory meetings to be held on Zoom or by phone. (603) 996-1934 Please leave message

The Rev. Annie Ryder – Raymond, NH

aeryder.50@gmail.com

Annie has been a spiritual director since 2006, after completing a two-year training program through Vancouver School of Theology. She can meet with directees at her home in Raymond or will travel up to 35 miles to meet at a church or other site. Annie is not currently meeting with a spiritual director herself. She is ordained in the Episcopal Church, but also has experience in the Presbyterian, Methodist and Roman Catholic traditions. Fees are not required or can be negotiable and will be sent to the Mampong Babies Home in Ghana.

The Rev. Nancy Elder-Wilfrid – Jaffrey, N.H.

nelderw@gmail.com

Nancy was ordained into the United Church of Christ in 1980, and served UCC congregations in Massachusetts and New Jersey before retiring in 2020. She has been offering intentional spiritual direction since the mid-1990’s, when she completed the Spiritual Guidance Program with the Shalem Institute of Spiritual Formation; she has been involved with several other offerings with Shalem, including their program, “Clergy Spiritual Life and Deepening”. Nancy served as Clergy Associate at All Saints Episcopal Church in Worcester, MA, for five years; while her responsibilities included pastoral and worship leadership, a central piece was developing and directing the ecumenical Kairos Spiritual Life Center, offering a wide range of resources for spiritual deepening and community.

Linda M. Williams, PhD – Lebanon/Hanover, NH

IMISpirituality@aol.com

Linda received her training in spiritual direction from Christian Formation and Direction Ministries in Scottsdale, AZ, in 2013. Her PhD focused on ethics and social justice. Linda is particularly drawn to exploration of life transitions, second half of life spirituality, discernment, contemplative living, and presence. She has been involved establishing, leading, and consulting with nonprofits since 1988. In addition, she has served the faith community in multiple capacities, including working with individuals in discernment for both clergy and lay orders, serving on the Commission on Ministry for six years in AZ, and teaching Christian Ethics on the faculty of the Deacon Formation Academy within the Arizona Episcopal Diocese before moving to NH. However, the opportunity to walk alongside individuals committed to contemplating and exploring their spiritual journeys is her most precious experience. Fees on a sliding scale are a topic for discussion at a first “no-charge” session during which mutual exploration determines the “fit” for sharing the journey together. Zoom and phone appointments are options.

THE EPISCOPAL CHURCH IN THE DIOCESE OF MASSACHUSETTS

Jocelyn E. Collen, M.Div.

Email: www.jocelyncollen.com

Joelyn holds a Bachelor of Arts from Fairfield University, a Master of Divinity from Boston College School of Theology & Ministry, and a Post-Masters Certificate in Spiritual Guidance & Spiritual Formation from Boston College. She has over ten years of experience working with millennials, serving as a prison chaplain, and in adapted religious education. Jocelyn is passionate about serving those on the margins, including children with special needs, and those suffering from incarceration, poverty, injustice, and/or addiction. Jocelyn finds God in all places and things, especially the ocean and the mountains. She is very familiar with the Spiritual Exercises of St. Ignatius Loyola in the 19th Annotation form, and is on the teaching team in The Franciscan Spiritual Direction training program in Boston. Jocelyn asks for a donation for Spiritual Direction on a sliding scale.

The Rev. Mary Beth Emerson

Email: rdmb55@gmail.com

Mary Beth is a Deacon in the Diocese of Massachusetts who has recently completed training as a Spiritual Director with the Sisters of St. Joseph, Boston. She believes that everyone's spiritual journey is unique and that, with the help of a trusted spiritual companion, all people can awaken to new ways of listening, learning and living this mystery we call life. She deeply believes in the power of prayer, however it is practiced. In every Spiritual Direction session, Mary Beth believes there are three active presences: the Directee, the Director, and the Holy One -- that Spirit of Truth being the actual director of one's journey. Fees are on a sliding scale. Her website is northstarspiritual.com.